

# Records Minimes Garçons

| Épreuves                   |                  | Performance  | Nom       | Prénom        | Club         | date       | lieu          |
|----------------------------|------------------|--------------|-----------|---------------|--------------|------------|---------------|
| 50 m                       | ASC<br>2018/2019 | 6"63 (+1,8)  | Berger    | Théo          |              | 10/06/2019 | Albi          |
|                            | ASC athlé        | 6"16 (+1,9)  | Dambo     | Matis         |              | 24/06/2018 | Albi          |
|                            | Athlé 11         | 6"16 (+1,9)  | Dambo     | Matis         | ASC<br>athlé | 24/06/2018 | Albi          |
|                            | Aude             | 6"16 (+1,9)  | Dambo     | Matis         | ASC<br>athlé | 24/06/2018 | Albi          |
| 50 m – salle               | ASC<br>2019/2020 | 6"64         | Berger    | Théo          |              | 15/02/2020 | Bompas        |
|                            | ASC athlé        | 6"36         | Dambo     | Matis         |              | 11/03/2018 | Fronton       |
|                            | Athlé 11         | 6"36         | Dambo     | Matis         | ASC<br>athlé | 11/03/2018 | Fronton       |
|                            | Aude             | 6"36         | Dambo     | Matis         | ASC<br>athlé | 11/03/2018 | Fronton       |
| 60 m – salle               | ASC athlé        | 7"51         | Gabon     | Davy          |              | 16/12/2006 | Bompas        |
|                            | Aude             | 7"51         | Gabon     | Davy          | ASC<br>athlé | 16/12/2006 | Bompas        |
| 80 m                       | ASC<br>2019/2019 | 9"85 (+0,2)  | Berger    | Théo          |              | 27/06/2020 | Perpignan     |
|                            | ASC athlé        | 9"10 (nc)    | Sauvageot | Julien        |              | 08/10/2000 | Alès          |
|                            | Athlé 11         | 9"85 (+0,2)  | Berger    | Théo          |              | 27/06/2020 | Perpignan     |
|                            | Aude             | 9"10 (nc)    | Sauvageot | Julien        | ASC<br>athlé | 08/10/2000 | Alès          |
| 100 m                      | ASC athlé        | 11"20 (+1,9) | Dambo     | Matis         |              | 24/06/2018 | Albi          |
|                            | Athlé 11         | 11"20 (+1,9) | Dambo     | Matis         | ASC<br>athlé | 24/06/2018 | Albi          |
|                            | Aude             | 11"20 (+1,9) | Dambo     | Matis         | ASC<br>athlé | 24/06/2018 | Albi          |
| 150 m                      | ASC athlé        |              |           |               |              |            |               |
|                            | Aude             | 16"70 (nc)   | Vandenbil | Jean-Philippe | SN           | 24/06/1979 | Lille         |
| 500 m                      | ASC athlé        |              |           |               |              |            |               |
|                            | Aude             | 1'09"60      | Ponsa     | Olivier       | SN           | 07/05/1986 | Narbonne      |
| 1000 m                     | ASC<br>2020/2021 | 2'59"58      | Prodhomme | Matéo         |              | 04/10/2020 | Vergeze       |
|                            | ASC athlé        | 2'40"80      | Vaguenez  | Axel          |              | 04/07/2004 | Bry-sur-Marne |
|                            | Athlé 11         | 2'41"52      | Girard    | Nicolas       | ACNM         | 22/06/2014 | Arles         |
|                            | Aude             | 2'40"80      | Vaguenez  | Axel          | ASC<br>athlé | 04/07/2004 | Bry-sur-Marne |
| 1000 m –<br>salle          | ASC<br>2019/2020 | 3'12"59      | Berger    | Théo          |              | 01/03/2020 | Bompas        |
|                            | ASC athlé        | 2'55"40      | Vaguenez  | Axel          |              | 18/01/2004 | Montpellier   |
|                            | Athlé 11         | 2'51"56      | Laval     | Jean-Baptiste | LAC          | 20/01/2013 | Bompas        |
|                            | Aude             | 2'47"72      | Gardes    | Loic          | LAC          | 12/12/2010 | Bompas        |
| 1200 m                     | ASC athlé        |              |           |               |              |            |               |
|                            | Aude             | 3'29"00      | Arabeyre  | David         | SN           | 30/04/1983 | Narbonne      |
| 2000 m                     | ASC<br>2019/2020 |              |           |               |              |            |               |
|                            | ASC athlé        | 6'19"70      | Sendra    | Michel        |              | 10/06/1992 | Nîmes         |
|                            | Athlé 11         | 6'28"20      | Chaleil   | Louis         | ACNM         | 14/07/2019 | Tours         |
|                            | Aude             | 6'19"70      | Sendra    | Michel        | ASC<br>athlé | 10/06/1992 | Nîmes         |
| 3000 m                     | ASC<br>2019/2020 |              |           |               |              |            |               |
|                            | ASC athlé        | 9'31"20      | Sendra    | Michel        |              | 01/05/1992 | Narbonne      |
|                            | Athlé 11         | 10'28"58     | Chaleil   | Louis         | ACNM         | 25/11/2018 | Bompas        |
|                            | Aude             | 9'31"20      | Sendra    | Michel        | ASC<br>athlé | 01/05/1992 | Narbonne      |
| 50 m haies<br>(84) – salle | ASC<br>2019/2020 | 7"78         | Berger    | Théo          |              | 01/03/2020 | Bompas        |
|                            | ASC athlé        | 7"37         | Monclus   | Charles       |              | 11/12/2010 | Bompas        |
|                            | Athlé 11         | 7"78         | Berger    | Théo          | ASC<br>athlé | 01/03/2020 | Bompas        |
|                            | Aude             | 7"37         | Monclus   | Charles       | ASC<br>athlé | 11/12/2010 | Bompas        |
| 80 m haies<br>(84)         | ASC<br>2019/2020 |              |           |               |              |            |               |
|                            | ASC athlé        | 11"98 (+0,5) | Monclus   | Charles       |              | 03/07/2010 | Miramas       |
|                            | Athlé 11         | 13"32 (+1,0) | Lucchese  | Hugo          | ASC<br>athlé | 24/05/2014 | Carcassonne   |
| 100 m haies                | Aude             | 11"89 (+0,7) | Garros    | Thomas        | ACL          | 03/07/2010 | Miramas       |
|                            | ASC              |              |           |               |              |            |               |

|                     |                      |              |           |               |           |                        |
|---------------------|----------------------|--------------|-----------|---------------|-----------|------------------------|
| (84)                | <b>2019/2020</b>     |              |           |               |           |                        |
|                     | <b>ASC athlé</b>     | 13"57 (NC)   | Gabon     | Davy          |           | 28/05/2006 Carcassonne |
|                     | <b>ASC athlé</b>     | 14"20 (+1,8) | Castel    | Jean          |           | 06/06/2004 Perpignan   |
|                     | <b>Athlé 11</b>      | 15"16 (-0,1) | Dambo     | Matis         | ASC athlé | 19/05/2018 Perpignan   |
|                     | <b>Aude</b>          | 13"57 (NC)   | Gabon     | Davy          | ASC athlé | 28/05/2006 Carcassonne |
|                     | <b>Aude</b>          | 14"20 (+1,8) | Castel    | Jean          | ASC athlé | 06/06/2004 Perpignan   |
| 200 m haies (76)    | <b>ASC 2019/2020</b> | 29"33 (+0,4) | Berger    | Théo          |           | 27/06/2020 Perpignan   |
|                     | <b>ASC athlé</b>     | 27"00 (0,0)  | Gabon     | Davy          |           | 08/07/2006 Marseille   |
|                     | <b>Athlé 11</b>      | 29"28 (+1,0) | Sans      | Anthony       | ASC athlé | 24/05/2014 Carcassonne |
|                     | <b>Aude</b>          | 27"00 (0,0)  | Gabon     | Davy          | ASC athlé | 08/07/2006 Marseille   |
| 250 m haies (76)    | <b>ASC athlé</b>     | 32"08        | Petrosino | Jean-François |           | 09/06/1991 Nîmes       |
|                     | <b>Aude</b>          | 32"08        | Petrosino | Jean-François | ASC athlé | 09/06/1991 Nîmes       |
| Longueur            | <b>ASC 2019/2020</b> | 5m69 (I)     | Berger    | Théo          |           | 15/02/2020 Bompas      |
|                     | <b>ASC athlé</b>     | 6m12 (nc)    | Gabon     | Davy          |           | 08/07/2006 Marseille   |
|                     | <b>Athlé 11</b>      | 5m88 (+0,0)  | Dambo     | Matis         | ASC athlé | 24/06/2018 Albi        |
|                     | <b>Aude</b>          | 6m25 (nc)    | Nogues    | Patrice       | SN        | 24/06/1993 Dijon       |
| Longueur - salle    | <b>ASC 2019/2020</b> | 5m69         | Berger    | Théo          |           | 15/02/2020 Bompas      |
|                     | <b>ASC athlé</b>     | 5m93         | Gabon     | Davy          |           | 16/12/2006 Bompas      |
|                     | <b>Athlé 11</b>      | 5m84         | Dambo     | Matis         | ASC athlé | 11/03/2018 Fronton     |
|                     | <b>Aude</b>          | 5m93         | Gabon     | Davy          | ASC athlé | 16/12/2006 Bompas      |
| Hauteur             | <b>ASC 2019/2020</b> | 1m61 (I)     | Berger    | Théo          |           | 25/01/2020 Bompas      |
|                     | <b>ASC athlé</b>     | 1m86         | Flou      | Olivier       |           | 15/10/1994 Carcassonne |
|                     | <b>ASC athlé</b>     | 1m86         | Guilhem   | Olivier       |           | 10/10/1993 Montpellier |
|                     | <b>Athlé 11</b>      | 1m68         | Rachou    | Angelo        | ASARCM    | 11/06/2017 Carcassonne |
|                     | <b>Aude</b>          | 1m86         | Flou      | Olivier       | ASC athlé | 15/10/1994 Carcassonne |
|                     | <b>Aude</b>          | 1m86         | Guilhem   | Olivier       | ASC athlé | 10/10/1993 Montpellier |
| Hauteur - salle     | <b>ASC 2019/2020</b> | 1m61         | Berger    | Théo          |           | 25/01/2020 Bompas      |
|                     | <b>ASC athlé</b>     | 1m77         | Monclus   | Charles       |           | 28/11/2010 Bompas      |
|                     | <b>Athlé 11</b>      | 1m69         | Tapa-Kom  | Chris         | ASC athlé | 17/11/2013 Bompas      |
|                     | <b>Aude</b>          | 1m77         | Monclus   | Charles       | ASC athlé | 28/11/2010 Bompas      |
| Triple saut         | <b>ASC 2019/2020</b> |              |           |               |           |                        |
|                     | <b>ASC athlé</b>     | 13m49 (nc)   | Cebe      | Thierry       |           | 30/05/1976 Nîmes       |
|                     | <b>Athlé 11</b>      | 11m04 (+1,3) | Berger    | Théo          | ASC athlé | 16/06/2019 Castres     |
|                     | <b>Aude</b>          | 13m49 (nc)   | Cebe      | Thierry       | ASC athlé | 30/05/1976 Nîmes       |
| Triple saut - salle | <b>ASC 2019/2020</b> |              |           |               |           |                        |
|                     | <b>ASC athlé</b>     | 11m88        | Gabon     | Davy          |           | 05/11/2006 Bompas      |
|                     | <b>Athlé 11</b>      | 10m99        | Biart     | Anthony       | ACL       | 23/11/2013 Bompas      |
|                     | <b>Aude</b>          | 11m89        | Coulibaly | Adrien        | ASARCM    | 26/11/2011 Bompas      |
| Perche              | <b>ASC 2019/2020</b> |              |           |               |           |                        |
|                     | <b>ASC athlé</b>     | 3m30 (I)     | Gabon     | Davy          |           | 16/12/2006 Bompas      |
|                     | <b>Athlé 11</b>      | 2m80         | Hermessan | François      | ASC athlé | 02/10/2016 Carcassonne |
|                     | <b>Aude</b>          | 3m30 (I)     | Gabon     | Davy          | ASC athlé | 16/12/2006 Bompas      |
| Perche - salle      | <b>ASC 2019/2020</b> |              |           |               |           |                        |
|                     | <b>ASC athlé</b>     | 3m30         | Gabon     | Davy          |           | 16/12/2006 Bompas      |
|                     | <b>Athlé 11</b>      | 2m80         | Hermessan | François      | ASC athlé | 26/11/2016 Bompas      |
|                     | <b>Aude</b>          | 3m30         | Gabon     | Davy          | ASC athlé | 16/12/2006 Bompas      |
| Poids (4kg)         | <b>ASC 2019/2020</b> | 9m47 (I)     | Berger    | Théo          |           | 01/03/2020 Bompas      |
|                     | <b>ASC athlé</b>     | 12m65        | Castel    | Jean          |           | 08/05/2004 Carcassonne |
|                     | <b>Athlé 11</b>      | 15m47        | Hermans   | Luuk          | JSL       | 09/07/2017 Carcassonne |
|                     | <b>Aude</b>          | 15m47        | Hermans   | Luuk          | JSL       | 09/07/2017 Carcassonne |

|                              |                      |             |           |          |           |                        |
|------------------------------|----------------------|-------------|-----------|----------|-----------|------------------------|
| <b>Poids (4kg) – salle</b>   | <b>ASC 2019/2020</b> | 9m47        | Berger    | Théo     |           | 01/03/2020 Bompas      |
|                              | <b>ASC athlé</b>     | 12m46       | Monclus   | Charles  |           | 28/11/2010 Bompas      |
|                              | <b>Athlé 11</b>      | 14m26       | Hermans   | Luuk     | JSL       | 12/02/2017 Foix        |
|                              | <b>Aude</b>          | 14m26       | Hermans   | Luuk     | JSL       | 12/02/2017 Foix        |
| <b>Disque (1kg250)</b>       | <b>ASC 2019/2020</b> |             |           |          |           |                        |
|                              | <b>ASC athlé</b>     | 45m43       | Castel    | Jean     |           | 04/07/2004 Carcassonne |
|                              | <b>Athlé 11</b>      | 45m40       | Hermans   | Luuk     | JSL       | 17/05/2017 Castres     |
|                              | <b>Aude</b>          | 45m43       | Castel    | Jean     | ASC athlé | 04/07/2004 Carcassonne |
| <b>Javelot (600g)</b>        | <b>ASC 2019/2020</b> |             |           |          |           |                        |
|                              | <b>ASC athlé</b>     | 46m77       | Gabon     | Davy     |           | 02/07/2006 Vergèze     |
|                              | <b>Athlé 11</b>      | 41m07       | Delbroucq | Samuel   | ACNM      | 03/06/2018 Carcassonne |
|                              | <b>Aude</b>          | 46m77       | Gabon     | Davy     | ASC athlé | 02/07/2006 Vergèze     |
| <b>Marteau (4kg)</b>         | <b>ASC 2019/2020</b> |             |           |          |           |                        |
|                              | <b>ASC athlé</b>     | 48m84       | Delaur    | David    |           | 27/04/1986 Perpignan   |
|                              | <b>Athlé 11</b>      | 18m09       | Gauthier  | Vincent  |           | 11/06/2017 Carcassonne |
|                              | <b>Aude</b>          | 48m84       | Delaur    | David    | ASC athlé | 27/04/1986 Perpignan   |
| <b>Triathlon</b>             | <b>ASC 2019/2020</b> | 98 points   | Berger    | Théo     |           | 27/06/2020 Perpignan   |
|                              | <b>ASC athlé</b>     | 105 points  | Dambo     | Matis    |           | 03/06/2018 Carcassonne |
|                              | <b>Athlé 11</b>      | 105 points  | Dambo     | Matis    | ASC athlé | 03/06/2018 Carcassonne |
|                              | <b>Aude</b>          | 105 points  | Dambo     | Matis    | ASC athlé | 03/06/2008 Carcassonne |
| <b>Triathlon – salle</b>     | <b>ASC 2019/2020</b> | 97 points   | Berger    | Théo     |           | 25/01/2020 Bompas      |
|                              | <b>ASC athlé</b>     | 110 points  | Dambo     | Matis    |           | 11/03/2018 Fronton     |
|                              | <b>Athlé 11</b>      | 110 points  | Dambo     | Matis    | ASC athlé | 11/03/2018 Fronton     |
|                              | <b>Aude</b>          | 110 points  | Dambo     | Matis    | ASC athlé | 11/03/2018 Fronton     |
| <b>Quadrathlon</b>           | <b>ASC athlé</b>     | 123 points  | Guilhem   | Olivier  |           | 10/10/1993 Montpellier |
|                              | <b>Aude</b>          | 123 points  | Guilhem   | Olivier  | ASC athlé | 10/10/1993 Montpellier |
| <b>Pentathlon – salle</b>    | <b>ASC 2019/2020</b> | 2627 points | Berger    | Théo     |           | 01/03/2020 Bompas      |
|                              | <b>ASC athlé</b>     | 2730 points | Gabon     | Davy     |           | 12/11/2005 Bompas      |
|                              | <b>Athlé 11</b>      | 2627 points | Berger    | Théo     | ASC athlé | 01/03/2020 Bompas      |
|                              | <b>Aude</b>          | 2730 points | Gabon     | Davy     | ASC athlé | 12/11/2005 Bompas      |
| <b>Octathlon</b>             | <b>ASC 2019/2020</b> |             |           |          |           |                        |
|                              | <b>ASC athlé</b>     | 4307 points | Gabon     | Davy     |           | 27/05/2006 Carcassonne |
|                              | <b>Athlé 11</b>      | 3460 points | Hermessan | François | ASC athlé | 04/06/2016 Perpignan   |
|                              | <b>Aude</b>          | 4307 points | Gabon     | Davy     | ASC athlé | 27/05/2006 Carcassonne |
| <b>2000 m marche</b>         | <b>ASC athlé</b>     |             |           |          |           |                        |
|                              | <b>Aude</b>          | 10'01"20    | Humbert   | Noël     | Clc       | 03/04/1982 Narbonne    |
| <b>2000 m marche – salle</b> | <b>ASC 2019/2020</b> |             |           |          |           |                        |
|                              | <b>ASC athlé</b>     |             |           |          |           |                        |
|                              | <b>Athlé 11</b>      |             |           |          |           |                        |
|                              | <b>Aude</b>          |             |           |          |           |                        |
| <b>3000 m marche</b>         | <b>ASC 2019/2020</b> |             |           |          |           |                        |
|                              | <b>ASC athlé</b>     | 17'32"32    | Gabon     | Davy     |           | 23/10/2005 Bondoufle   |
|                              | <b>Athlé 11</b>      | 20'58"84    | Affroun   | Rayan    | LAC       | 07/07/2019 Carcassonne |
|                              | <b>Aude</b>          | 17'32"32    | Gabon     | David    | ASC athlé | 23/10/2005 Bondoufle   |
| <b>3000 m marche – salle</b> | <b>ASC 2019/2020</b> |             |           |          |           |                        |
|                              | <b>ASC athlé</b>     |             |           |          |           |                        |
|                              | <b>Athlé 11</b>      |             |           |          |           |                        |
|                              | <b>Aude</b>          |             |           |          |           |                        |
| <b>5000 m marche</b>         | <b>ASC 2019/2020</b> |             |           |          |           |                        |
|                              | <b>ASC athlé</b>     |             |           |          |           |                        |
|                              | <b>Athlé 11</b>      |             |           |          |           |                        |
|                              | <b>Aude</b>          | 26'51"10    | Malosse   | Dimitri  | JSL       | 15/09/2007 Bompas      |
| <b>4 x 60 m</b>              | <b>ASC athlé</b>     |             |           |          |           |                        |

|                        |                  |         |  |  |           |            |                        |
|------------------------|------------------|---------|--|--|-----------|------------|------------------------|
|                        | <b>Aude</b>      | 29"36   | Gachet<br>Delbroucq<br>Fabre<br>Dambo        | Sully-Yann<br>Samuel<br>Mathieu<br>Matis     | Athlé 11  | 24/06/2018 | Albi                   |
| <b>4 x 80 m</b>        | <b>ASC athlé</b> | 37"80   | ?  |  |           |            | 13/05/1993 Montpellier |
|                        | <b>Aude</b>      | 37"80   | ?  |  | ASC athlé |            | 13/05/1993 Montpellier |
| <b>800-200-200-800</b> | <b>ASC athlé</b> | 5'03"79 | Ibntaleb<br>Eddakhana<br>Maillard<br>Dugrand | Toufic<br>Abdelkrin<br>Christophe<br>Emilien |           | 30/06/2007 | Saint-Cyr-Sur-Loire    |
|                        | <b>Aude</b>      | 5'03"79 | Ibntaleb<br>Eddakhana<br>Maillard<br>Dugrand | Toufic<br>Abdelkrin<br>Christophe<br>Emilien | ASC athlé | 30/06/2007 | Saint-Cyr-Sur-Loire    |