

## Records Benjamins

Épreuves		Performance	Nom	Prénom	Club	date	lieu
50 m	<sup>ASC</sup> 2019/2020	7"33 (I)	Septier	Alexian		24/11/2019	Bompas
	<b>ASC athlé</b>	6"97 (+0,2)	Maillard	Christophe		05/06/2005	Nîmes
	<b>Athlé 11</b>	7"10 (+0,3)	Fabre	Mathieu	LAC	02/10/2016	Carcassonne
	<b>Aude</b>	6"79 (I)	Marie	Florian	ACNM	05/11/2006	Bompas
50 m – salle	<sup>ASC</sup> 2019/2020	7"33	Septier	Alexian		24/11/2019	Bompas
	<b>ASC athlé</b>	6"99	Denjean	Louis		25/11/2012	Bompas
	<b>Athlé 11</b>	7"14	Fabre	Mathieu	LAC	16/01/2016	Bompas
	<b>Aude</b>	6"79	Marie	Florian	ACNM	05/11/2006	Bompas
60 m	<b>ASC athlé</b>	7"86 (nc)	Talanelkhokt Patrice			06/06/1984	Saint Medard
	<b>Aude</b>	7"50 (nc)	Sardat	Julien	JSL	06/06/1990	Nîmes
100 m	<sup>ASC</sup> 2018/2019	14"53 (-0,4)	Septier	Alexian		01/06/2019	Perpignan
	<b>ASC athlé</b>	13"20 (nc)	Gabon	Davy		22/05/2004	Narbonne
	<b>Athlé 11</b>	13"41(-1,0)	Fabre	Mathieu	LAC	16/04/2016	Perpignan
	<b>Aude</b>	12"60 (nc)	Marie	Florian	ACNM	21/06/2006	Carcassonne
120 m	<b>ASC athlé</b>						
	<b>Aude</b>	14"08 (nc)	Auzier	Denis	JSL	01/05/1990	Narbonne
	<b>Aude</b>	14"08 (nc)	Trilles	Christophe	ASC athlé	08/04/1990	Perpignan
500 m	<b>ASC athlé</b>	1'15"00	Marlin	Pascal	ASC athlé	20/06/1982	Perpignan
	<b>Aude</b>	1'15"00	Marlin	Pascal	ASC athlé	20/06/1982	Perpignan
1000 m	<sup>ASC</sup> 2018/2019	3'51"95	Septier	Alexian		30/06/2019	Carcassonne
	<b>ASC athlé</b>	2'53"10	Ouaddou	Fouad		28/10/1984	Paris
	<b>Athlé 11</b>	3'03"31	Dubois	Terrence	LAC	29/05/2016	Alès
	<b>Aude</b>	2'53"10	Ouaddou	Fouad	ASC athlé	28/10/1984	Paris
1000 m – salle	<sup>ASC</sup> 2019/ 2020	3'35"82	Septier	Alexian		16/11/2019	Bompas
	<b>ASC athlé</b>	3'05"79	Ibntaleb	Toufic		10/11/2006	Bompas
	<b>Athlé 11</b>	3'09"65	Dubois	Terrence	LAC	28/11/2015	Bompas
	<b>Aude</b>	2'59"78	Laval	Jean-Baptiste	LAC	12/12/2010	Bompas
1200 m	<b>ASC athlé</b>	3'38"70	Raynier	Maxime		07/06/1987	Narbonne
	<b>Aude</b>	3'38"70	Raynier	Maxime	ASC athlé	07/06/1987	Narbonne
2000 m	<b>ASC</b>	7'30"10	Brie	Paul		03/06/1995	Narbonne

	<b>athlé</b>	<b>Aude</b>	6''55''30	Picard	Agenor	JSL	19/06/1994	Montpellier
<b>50 m haies (65)</b>	ASC 2019/2020	<b>ASC athlé</b>	7''98 (-1,9)	Berger	Théo		06/10/2018	Toulouse
		<b>Athlé 11</b>	7''98 (-1,9)	Berger	Théo	ASC athlé	06/10/2018	Toulouse
		<b>Aude</b>	7''67 (-1,0)	Garros	Thomas	ACL	05/07/2008	Cesson-Sévigné
<b>50 m haies (65) – salle</b>	ASC 2019/2020	<b>ASC athlé</b>	8''45	Septier	Alexian		23/03/2019	Bompas
		<b>ASC athlé</b>	8''02	Denjean	Louis		17/11/2012	Bompas
		<b>Athlé 11</b>	8''42	Bougard	Sanka	ACNM	23/11/2019	Bompas
		<b>Aude</b>	8''02	Denjean	Louis	ASC athlé	17/11/2012	Bompas
<b>50 m haies (76)</b>	<b>ASC athlé</b>	8''07 (nc)	Talanelkhokt	Patrice		27/06/1984	Saint Medard	
	<b>Aude</b>	8''07 (nc)	Talanelkhokt	Patrice	ASC athlé	27/06/1984	Saint Medard	
<b>50 m haies (76) – salle</b>	<b>ASC athlé</b>	8''98	Gabon	Davy		28/02/2004	Montpellier	
	<b>Aude</b>	8''98	Gabon	Davy	ASC athlé	28/02/2004	Montpellier	
<b>80 m haies (76)</b>	<b>ASC athlé</b>	13''10 (nc)	Costis	Eddy		12/04/1987	Narbonne	
	<b>Aude</b>	13''10 (nc)	Costis	Eddy	ASC athlé	12/04/1987	Narbonne	
<b>Longueur</b>	ASC 2019/2020		4m25 (I)	Septier	Alexian		25/01/2020	Bompas
		<b>ASC athlé</b>						
		<b>Athlé 11</b>	4m91 (+0,0)	Delbroucq	Samuel	ACNM	29/05/2016	Alès
		<b>Athlé 11</b>	4m91 (+0,7)	Fropplier	Franck	ASARCM	09/07/2017	Carcassonne
	<b>Aude</b>	5m67 (nc)	Marie	Florian	ACNM	21/05/2006	Carcassonne	
<b>Longueur – salle</b>	ASC 2019/2020		4m25	Septier	Alexian		25/01/2020	Bompas
		<b>ASC athlé</b>	4m79	Eddakhana	Abdelkrin		10/12/2006	Bompas
		<b>Athlé 11</b>	4m54	Martin	Paul	ACNM	15/11/2014	Bompas
		<b>Aude</b>	5m66	Marie	Florian	ACNM	12/11/2006	Bompas
<b>Hauteur</b>	ASC 2018/2019		1m50	Delaur	Jean		01/06/2019	Perpignan
		<b>ASC athlé</b>	1m57 (I)	Ougasse	Samir		12/11/2006	Bompas
		<b>Athlé 11</b>	1m50	Delaur	Jean	ASC athlé	01/06/2019	Perpignan
		<b>Aude</b>	1m72	Ripoll	Vincent	ANO	17/05/1998	Narbonne
<b>Hauteur - salle</b>	ASC 2019/2020		1m21	Septier	Alexian		15/02/2020	Bompas
		<b>ASC athlé</b>	1m48	Delaur	Jean		23/11/2019	Bompas
		<b>Athlé</b>	1m48	Delaur	Jean	ASC athlé	23/11/2019	Bompas

	<b>11</b>	<b>Aude</b>	1m48	Delaur	Jean	ASC athlé	23/11/2019 Bompas
<b>Triple saut</b>	ASC 2019/2020	<b>ASC athlé</b>	11m22 (nc)	Ouaddou	Fouad		19/06/1994 Montpellier
	<b>Athlé 11</b>		11m18 (nc)	Fabre	Mathieu	LAC	19/06/2016 Lunel
	<b>Aude</b>		11m22 (nc)	Ouaddou	Fouad	ASC athlé	19/06/1994 Montpellier
<b>Triple saut – salle</b>	ASC 2019/2020	<b>ASC athlé</b>					
	<b>Athlé 11</b>		10m79	Fabre	Mathieu	LAC	10/12/2016 Bompas
	<b>Aude</b>		10m79	Fabre	Mathieu	LAC	10/12/2016 Bompas
<b>Perche</b>	ASC 2018/2019		1m80	Delaur	Jean		12/05/2019 Perpignan
	<b>ASC athlé</b>		2m10	Costa	Matthieu		11/06/2017 Carcassonne
	<b>Athlé 11</b>		2m10	Costa	Matthieu	ASC athlé	11/06/2017 Carcassonne
	<b>Aude</b>		2m92	Nondedeo	Stéphane	SN	08/06/1986 Perpignan
<b>Perche – salle</b>	ASC 2019/2020	<b>ASC athlé</b>	1m70	Dugrand	Emilien		05/02/2005 Montpellier
	<b>Athlé 11</b>						
	<b>Aude</b>		1m90	Gangloff	Esteban	ACNM	28/11/2009 Bompas
<b>Poids (3kg)</b>	ASC 2018/2019		8m50	Delaur	Jean		01/06/2019 Perpignan
	<b>ASC athlé</b>		9m40	Derkaoui	Kalvin		13/04/2017 Albi
	<b>Athlé 11</b>		12m71	Hermans	Luuk	JSL	31/10/2015 Saint Affrique
	<b>Aude</b>		14m03	Auzier	Denis	JSL	23/09/1990 Perpignan
<b>Poids (3kg) – salle</b>	ASC 2019/2020		6m14	Touchet	Vincent		25/01/2020 Bompas
	<b>ASC athlé</b>		8m98	Derkaoui	Kalvin		12/03/2017 Montpellier
	<b>Athlé 11</b>		8m98	Derkaoui	Kalvin		12/03/2017 Montpellier
	<b>Aude</b>		10m51	Jacques	Axel	ACL	27/11/2011 Bompas
<b>Disque (1kg)</b>	ASC 2018/2019		19m26	Delaur	Jean		21/04/2019 Perpignan
	<b>ASC athlé</b>		31m74	Talanelkhokt	Patrice		06/06/1984 Béziers
	<b>Athlé 11</b>		34m58	Hermans	Luuk	JSL	17/05/2015 Perpignan
	<b>Aude</b>		34m58	Hermans	Luuk	JSL	17/05/2015 Perpignan
<b>Javelot (500g)</b>	ASC 2018/2019		27m14	Berger	Théo		30/09/2018 Perpignan
	<b>ASC athlé</b>		40m38	Costis	Eddy		28/06/1990 Paris
	<b>Athlé 11</b>		29m71	Gooding	Heinoa	ASARCM	04/06/2018 Albi

	<b>Aude</b>	40m38	Costis	Eddy	ASC athlé 28/06/1990 Paris	
<b>Marteau (3kg)</b>	<sup>ASC</sup> 2018/2019	18m68	Delaur	Jean	11/05/2019 Perpignan	
	<b>ASC athlé</b>	31m36	Janda	Jerome	26/04/1987 Narbonne	
	<b>Athlé 11</b>	18m68	Delaur	Jean	ASC athlé 11/05/2019 Perpignan	
	<b>Aude</b>	31m36	Janda	Jerome	ASC athlé 26/04/1987 Narbonne	
<b>Triathlon</b>	<sup>ASC</sup> 2018/2019	101 points	Berger	Théo	30/09/2018 Perpignan	
	<b>SC athlé</b>	112 points	Ouaddou	Fouad	28/10/1994 Insep Paris	
	<b>Athlé 11</b>	105 points	Jacquet	Mathéo	JSL	11/06/2017 Carcassonne
	<b>Aude</b>	112 points	Ouaddou	Fouad	ASC athlé 28/10/1994 Insep Paris	
<b>Triathlon – salle</b>	<sup>ASC</sup> 2019/2020	89 points	Septier	Alexian	25/01/2020 Bompas	
	<b>ASC athlé</b>					
	<b>Athlé 11</b>	96 points	Fabre	Mathieu	LAC	16/01/2016 Bompas
	<b>Aude</b>					
<b>Tetrathlon</b>	<sup>ASC</sup> 2018/2019	1171 points	Delaur	Jean	21/04/2019 Perpignan	
	<b>ASC athlé</b>	1399 points	Derkaoui	Kalvin	23/04/2017 Perpignan	
	<b>Athlé 11</b>	1399 points	Derkaoui	Kalvin	ASC athlé 23/04/2017 Perpignan	
	<b>Aude</b>	1399 points	Derkaoui	Kalvin	ASC athlé 23/04/2017 Perpignan	
<b>Tetrathlon – salle</b>	<sup>ASC</sup> 2019/2020	1307 points	Septier	Alexian	16/11/2019 Bompas	
	<b>ASC athlé</b>	1907 points	Denjean	Louis	17/11/2012 Bompas	
	<b>Athlé 11</b>	1364 points	Bougard	Sanka	ACNM	16/11/2019 Perpignan
	<b>Aude</b>	1907 points	Denjean	Louis	ASC athlé 17/11/2012 Bompas	
<b>Quadrathlon</b>	<b>ASC athlé</b>					
	<b>Aude</b>	132 points	Auzier	Denis	JSL	13/06/1990 Narbonne
<b>1000 m marche</b>	<sup>ASC</sup> 2018/2019					
	<b>ASC athlé</b>	5'41''30	Lauret-Sifi	Sliman	18/10/1998 Miramas	
	<b>Athlé 11</b>					
<b>2000 m marche</b>	<b>Aude</b>	5'41''30	Lauret-Sifi	Sliman	ASC athlé 18/10/1998 Miramas	
	<b>ASC athlé</b>	12'28''59	Lauret-Sifi	Sliman	21/06/1998 Montpellier	
	<b>Aude</b>	10'01''20	Humbert	Noël	Clc	03/04/1982 Narbonne
<b>2000 m marche – salle</b>	<b>ASC athlé</b>	12'28''48	Gabon	Davy	28/02/2004 Montpellier	
	<b>Athlé 11</b>	13''49''34	Khatir	Ilias	JSL	28/11/2015 Bompas
	<b>Aude</b>	12'19''00	Canet	William	JSL	29/11/2009 Bompas

<b>4 x 60 m</b>	<b>ASC athlé</b>	30''90	Roques		
			Garcia		07/06/1987 Narbonne
			Galot		
			Costis		
	<b>Aude</b>	30''90	Roques		
			Garcia		ASC athlé 07/06/1987 Narbonne
			Galot		
			Costis		
<b>800-200-200-800</b>	<b>ASC athlé</b>	5'48''04	Orbeck	Ingvald	
			Vallier	Rémi	13/05/2005 Narbonne
			Maillard	Christophe	
			Dugrand	Emilien	
	<b>Aude</b>	5'48''04	Orbeck	Ingvald	
			Vallier	Rémi	ASC athlé 13/05/2005 Narbonne
			Maillard	Christophe	
			Dugrand	Emilien	